

Continuous Positive Airway Pressure (CPAP) Skill Documentation Form

Candidate (Print):

Date: _____

Examiner (Instructor or Licensed Provider):

Examiner Signature:

Pass_____ Fail _____

Task:	Correct	Incorrect
Explain procedure to patient		
Check mean arterial pressure (MAP) is >65 MAP; if less than, state plan to improve MAP		
prior to or with CPAP use.		
Place patient in position that will optimize ease of ventilation (back up head elevated, high		
fowler, tripod, etc.)		
Assess patient prior to use of CPAP		
 Primary and secondary survey, especially lung sounds 		
 ECG, SpO2, ETCO2 monitoring, and MAP 		
Peak flow measurement (if possible due to time)		
Select CPAP setting on Ventilator or connect disposable CPAP system to a 50 psi oxygen source		
Assemble mask and tubing according to manufacturer instructions		
Turn power/oxygen on		
Set device parameters		
• Turn the rate (frequency) dial to 8- 12 per min. (based on protocol)		
• Titrate oxygen concentration to an oxygen saturation > 92%		
• Set tidal volume to 5-8 mL/kg PBW (based on protocol)		
Set pressure relief valve at +/- 40cmH2O (based on protocols)		
• Occlude tubing to test for peak pressure required to activate pressure relief valve and		
adjust as necessary		
Have patient hold mask to his own face or apply head straps and ensure proper mask seal		
If disposable Oxygen Driven System, Insert the CPAP valve into the mask (5 cm, 7.5 cm, or		
10 cm H2O pressure valve - based on protocol)		
Coach patient to breath normally and adjust air pressure		
Frequently reassess patient for desired effects		
Decrease in level of ventilatory distress		
• Oxygen saturation >92%		
Decreased adventitious lung sounds		



Critical Failure Criteria	
Failure to assess patient prior to and frequently after the application of the CPAP device	
Failure to ensure patient understands procedure	
Failure to ensure proper parameters (pressure relief, tidal volume, oxygen concentration, rate, etc.)	
Failure to properly assemble equipment and test pressure relief valve prior to application	
Uses inappropriate affect with patient or examiner	
Uses or orders a dangerous or inappropriate intervention	

NOTE: You must factually document any "incorrect" or critical failure criteria on back of this form

Reference: Positive airway pressure treatment, National Library of Medicine, Medline Plus, https://medlineplus.gov/ency/article/001916.htm